**What to Bring – Residential Courses FSC Juniper Hall Field Centre**

Please note that the children will be asked to make their bed, put on a sheet, pillowcase, and duvet cover (linen provided) before dinner on day 1. If needed, please help them to practise this skill prior to the trip.

**Day 1: Wednesday 8th March**

 Packed lunch in a **disposal container**. Please note that the packed lunch must be **nut free** and the water bottle contain only **water**.

 **Named water bottle** to be used for the entirety of the trip.

 Come to school **wearing clothes for the trip** (arms and legs must be covered). You will have lessons 1 and 2 on Wednesday. Please bring your school bags to school on Wednesday and we will leave these at school whilst we are away unless needed as part of your kit list.

 Nut free snack for break time at school in a **disposal container.**

 **Luggage to be left at the front of the school hall before coming upstairs** to the classroom.

**Essential Items for packing: Please name everything!**

 Towel

 Wash kit (Please do not bring aerosols as these can set off the fire alarm)

 Under wear

 Shorts (to wear inside)

 T-shirt (short sleeved to wear inside or under a jumper/sweatshirt)

 Torch

 Night clothes

 Socks (several pairs in case they get wet)

 Warm jumpers

 Trousers (jeans are not good as they become cold when wet) The children will need to have their legs covered when working outside 8-10th March

 Gloves, hats, and scarves

 Indoor shoes/trainers

 Strong, watertight shoes or boots

 Waterproof clothing – jacket & trousers

 Sun hat, sunglasses, and sun cream – if applicable

 Insect repellent (please ensure this is named and your child knows how to apply this safely)

 Small Rucksack (for carrying lunches, water bottles and waterproofs)

 Lunch box for packed lunches from Day 2

 Personal medicines and all insect repellents (fridge available for storage if required) *Please hand these to your Form Teacher the morning of the trip. Medical bags kept at school will be collected and taken to Juniper Hall as we leave the school. They will be given back to First Aid upon our return.*

**Please leave at home** – All electronic devices, jewellery, valuables, and expensive clothing. FSC cannot accept liability for the loss, theft or damage of any property students bring.