## give homeless young people a future Mental Health Support

Initially scared to accept help with his mental health, Tom eventually found sanctuary at Centrepoint and received wrap around support which enabled him to to take the steps towards independence. He has now moved on into his own flat.

"It is a big difference to live on my own. I'd made friends at the hostel and lived with those people for nine months, but having my own space is the most important thing. I can have mates over to my place, but I've also got space and time for myself. It's made me less anxious."

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-Tom, 19

**94%** of the young people Centrepoint supports move on positively



We work with partners across the UK to support almost **14,000** young people every year

**121,000** young people approached their council because they were homeless or at risk of homelessness in 2019/20